

## A Message From Your Parish Nurse

Starting Sunday, November 7, I will be available for blood pressure screenings again in the church hall during the Knights of Columbus Breakfasts from 9am-12. I have many health information resources available, also.

In April 2009, I became credentialed by the Lourdes Hospital Parish Nurse and Health Ministry Program. Parish nursing is an international ministry that addresses the health and spiritual needs of a faith community and is rapidly expanding throughout the country. I am proud to represent and advocate for the parishioners of Most Holy Rosary Church. I would like to be available to anyone who has any health questions or concerns. Please feel free to call the rectory for my phone number if you want to contact me. I would be glad to talk with you or your family by phone or in your home and all concerns are confidential.

Kathy Tewksbury, RN, BSN  
Faith Community Nurse